

1st Annual Willamette Valley Fill-Your-Pantry Market

Saturday, October 23, 2010 2-5 p.m.

At A2R Farms, 7205 Cutler Lane

(2 miles west of Corvallis Municipal Airport off Airport Rd.)

Purchase staples (grains, flour, beans, seeds, winter storage produce, honey, meats, canned fish, etc.) directly from local farmers and fishers. Stock your pantry for the winter.

List of foods available below, including growing method (conventional, natural, certified organic or transitional to Organic) and price per pound.

Orders for over 100 pounds of a single item (e.g. oats) **must be reserved by October 19th**. Smaller orders should be reserved as supply is limited. Or, may be purchased at event. **All orders must be picked up at the event**. Payment by cash or check **only**.

Oregon Trail tokens available after 3 p.m..

Send your order to sunbow@peak.org. By Oct. 19th. Please include farm, item and quantity.

Check for **updates only** at: www.tenriversfoodweb.org.

Sponsored by the Southern Willamette Valley Bean and Grain Project and the Ten Rivers Food Web.

Fill-Your-Pantry Market Product List

Stalford Farm, Tangent, Or.

Harry Stalford and Willow Coberly

Certified Organic Bean and Grain production.

Product List:

Soft White Wheat berries (for pastry flour) 75 cents/lb

Hard Red Wheat Berries (for yeast breads) 75cents/lb

Oats:

Hull-less \$2.00 /lb (Can also be used for seed.)

Raw oats w/ hulls for animal feed: 50 cents/lb

Steel Cut Oats \$1.50/lb DEPENDING on if we can get processed in time.

Rolled Oats \$1.50/lb DEPENDING on if we can get processed in time.

Scottish Oatmeal (coarsely stone ground oatmeal) \$1.50/lb

Malting barley \$1.50/lb

Beans:

Pintos \$2.00/lb . \$1.50/lb if 5 lbs or more ordered **Pre-order only/delivery later**

Beans DEPENDING on harvest outcome (marketable qty's)

Flour:

W. W. Hard red (for yeast breads) \$1/lb

W.W. Soft white (for pastries) \$1/lb

A2R Farm, Corvallis

Mike Robinson and Clint Lindsey

Transitioning 800 acres from conventional exported rye grass seed to local Certified Organic Bean, Grain and Seed production.

Product list:

Hard Red Wheat Berries-50 cents/lb

Soft White Wheat Berries- 50 cents/lb

Brown Flax-\$2/lb

Hull-less Oats:

Rolled-\$1/lb Depending if we get it processed in time.

Whole-\$2/lb (can also be used for seed)

Cayuse Oats- for feed- \$40 cents/lb

Sunbow Farm, Corvallis

Harry MacCormack

Certified Organic for 26 years - produce, bean and grain

Product list:

Triticale- cross between wheat and rye \$2/lb

Garlic- Not cleaned .Store in cool dark place, with necks. \$4/lb

Fava bean- \$2/lb

J & D Farms, Harrisburg

Darrell Smucker

Conventional growing methods

Product list:

Soft white wheat berries 2.50/10lbs or \$9/50lbs.100lbs available

Horseshoe Creek Farm, Albany

Paul and Elnora Harcombe

Naturally grown- without chemicals or synthetic fertilizer

Product list:

Whole Barley- Barley with hull. De-hull with blender then sieve to remove chaff.Then grind into flour. \$1/lb. 300 lbs available

GoodFoot Farm, Hoskins

Beth Hoinacki and Adam Ryan

Certified Organic

Product list:

Potatoes—Bintje, German Butterball, Yellow Finn, Canela russet. \$1/lb, 5 pound minimum purchase. Additional varieties may be available at the event in limited amounts.

Onions—cured Walla Walla and yellow storage. \$0.75/lb, 5 pound minimum purchase.

Winter Squash—Delicata and Amber Cup. \$0.75/lb, 5 pound minimum purchase.

Garlic, bulk—long keeping softneck. \$4/pound, 1 pound minimum.

Garlic, plain braid—approximately 2 pounds of garlic in a braid. \$10 each.

Garlic, fancy braid—approximately 2 pounds of garlic in a braid with our choice of herbs and flowers. \$12 each

Harmony J.A.C.K. Farms, Scio

The Westlund Family

Certified organic

Product List:

Whole Chickens

Whole chicken is 3-4 pounds. Cut into pieces or cook whole. Great for grilling or roasting. Left over bones make a nutritious and versatile stock.

2-3# \$12

3-4# \$16

4-5# \$20

10# mixed beef box \$65

Beef Club Box (10 Pounds)

Many customers want the benefits of buying a half a cow, but do not have the freezer or eaters to make such a large commitment. So, now you can order a share that is much smaller, offering you the same diversity within each box that you would find when ordering a larger quantity.

Each Beef Club Box includes:

3-4 pounds of lean ground beef (1 pound pkgs)

3-4 pounds of roast or ribs

3-4 pounds of steaks (1-2 steaks per pkg)

10# mixed pork box (with cured meats) \$60

Pork Club Box (10 lb. total wt.) with cured products

Many customers want the benefits of buying a half a pig, but do not have the freezer or eaters to make such a large commitment. So, now you can order a share that is much smaller, offering you the same diversity within each box that you would find when ordering a larger quantity.

Each Pork Club Box includes:

3-4 pounds of lean ground pork (1 pound pkgs)

3-4 pounds of roast, hams or ribs

3-4 pounds of chops (1-2 per pkg) or bacon (does contain nitrates/nitrites)

10# mixed pork box (with NO cured meats) \$60

Pork Club Box (10 lb. total wt.) with NO cured products

Many customers want the benefits of buying a half a pig, but do not have the freezer or eaters to make such a large commitment. So, now you can order a share that is much smaller, offering you the same diversity within each box that you would find when ordering a larger quantity.

Each Pork Club Box includes:
3-4 pounds of lean ground pork (1 pound pkgs)
3-4 pounds of roast or ribs
3-4 pounds of chops (1-2 per pkg)

Open Oak Farm, Sweet Home
Andrew Still , Sarah Kleeger abbd Cooper Boydston

Transitional

Product List:

The following winter root veggies come in a 4 gallon bucket with sawdust. Store in cool, dry and dark place

Beets \$1.50/lb !0 lb minimum and **pre-order only** Rutabagas, turnips, daikon and winter radish \$1/lb 10 lb minimum. **Pre-order only**

Canadian rye berries \$2/lb 5 lb bag

Soilsmith Services, Corvallis

Shepard Smith

Product List:

Honey:

2010 Raw/unfiltered/UNHEATED Blackberry Honey from the Coast Range

Quarts - \$12

Pints 16oz - \$7

Garlic- grown by Shep at Sunbow Farm and Certified Organic:

Enchelium "softneck" garlic- cleaned w/o neck. \$5/lb

Thermal Compost:

\$3/ gal. zip-loc sample bags. 3.5 lbs

Great for house plants showing "positive" plant response. Inoculate by putting a layer of compost on top of plant soil .Feeds 10 plants

Queen Bee Apiaries, Corvallis

Karen Finley and Tad Buford

Product List:

Honey-Raw/Unfiltered from wildfflowers

12 oz glass jar \$4

Quarts \$10

1 Gallon-12lbs- \$36 Pre order only

4 gallon bucket- 48 lbs- \$100 Pre order only

Canned Fish

Oregon's Choice Gourmet Seafoods, Newport

Herb & Ginny Goblersch

Order directly from them at www.oregonschoice.com, Pick up at the event. When ordering on-line there is no way around the shipping charges BUT they will be refunded! Please type Pantry Pick-up in the 'special instructions' box during checkout. The shipping

cost will be refunded to your card after the order is placed. To order by phone, call 541-929-8862.